



Rock Wall information

Belay Certification

Every Saturday – 9:00 AM-10:00 AM

Belay Supervised Climbing Time

Every Saturday – 10:00 AM-2:00 PM

*To belay on our rock wall, you must be belay certified by us.

*You can boulder up to the paw prints which is 12 feet.

*We have a rock cylinder that is 33 feet high

*Harnesses or Shoes can be renter for \$2.50

Climbing Wall Rules

1. The climbing wall is a use at your own Risk activity.
2. Climbers must sign a liability waiver form before participating or have a signed waiver form on file at the South Summit Aquatic & Fitness Center front desk.
3. NO BOULDERING ABOVE THE 12-FOOT LINE (The paws).
4. Any climber higher than 12 feet must be on belay (on the rope)
5. Climbers under 18 must have a signed parent/guardian release form on file. Parents must sign a form in the presence of a South Summit Aquatic & Fitness Center employee.
6. No open toed shoes or barefoot climbing allowed. Shoes and shirts required at all times.
7. 7. Rings, watches, necklaces or other jewelry that may become jammed on climbing surface should not be worn.
8. Only climbers and belayers are allowed on padded surface/no backpacks or clothing on padded surface.
9. You must be belay certified to be able to belay another person. You must be 14 years of age or older to get belay certified.
10. Anyone under the age of 14 must wear a helmet.
11. There will be supervised climb times set aside during the week. During supervised climb times anyone is welcome to climb and be belayed by a supervisor.
12. Supervisors will monitor for proper belaying techniques.
13. During open climb time you must provide your own certified belayer.
14. Allow roped climber “rights of passage” if you are bouldering.
15. Only capped, spill-proof water bottles are allowed. No gum, food or other drinks.
16. Offensive language or behavior, roughhousing and fighting on the climbing wall or in the climbing area will not be tolerated.

17. Any loose holds must be reported to a staff member immediately.
18. Setting or changing climbing holds must be done by authorized persons only.
19. Rented climbing equipment must stay in the climbing area until returned to the front desk.
20. The 5 falls rule may be applied if area is in high use.
21. Always lower climbers at a reasonable speed (no elevator drops).
22. Birthday parties, scout groups, family events, and any other special groups must schedule use of the wall. Each belayer must have a SSAFC Climbing Card certification. NO EXCEPTIONS!
23. Climbers must yield use of the ropes to scheduled events, supervised climb time, or any other SSAFC function as deemed necessary.

Auto Belay Rules

ORIENTATION: Auto Belay Orientation Required!

SAFETY CHECK: Climbers must double check that the auto belay is properly clipped to their harness before climbing.

WEIGHT: Climbers must weigh between 22 lbs-350lbs.

YOUTH: Youth (under 14) must be actively supervised by an adult at all times.